

Banana Ball Tryout
October 17, 2026



TRYOUT COACHES' NOTES

Grayson Stadium
Savannah, Ga

9:00 AM - CHECK IN / INDIVIDUAL WARM UP / STRETCH - Players in 3B Dugout

- 1st - Get your paperwork in order.
- 2nd - Help with Field Set Up, Hangout in dugouts/cages etc. - Help Greet Guys
- 3rd - ** Remind / Encourage them to WARM UP during this time - there will be no designated group stretch time
- * - Direct them to the restrooms in the concourse

10:00 AM - INTRODUCTIONS / ICE BREAKERS

1. 10:00 - Jesse / Gillum
 2. 10:10 - Sim
 3. 10:20 - Hey Baby
- Field should be completely set up for BP when we Start this segment
*Pitching machine set for fly balls

10:45 AM - HITTER EVALS

- Pre 10:35 - Group 1 Cages // (Group 2-4 Stretch & Throw)
1. 10:45 - Group 1 Hit // (Group 2 to Cage)
 2. 11:00 - Group 2 Hit // (Group 3 to Cage)
 3. 11:15 - Group 3 Hit // (Group 4 to Cage)
 4. 11:30 - Group 4 Hit // (Groups 1-3 Throw in deep LF if needed)
- *one or two fungo hitters for INF during BP - NO THROWS
*Penny / Stober Throw
*Sim Direct Traffic
*Someone with cage group

BP GROUPS			
GROUP 1	#	1	10
GROUP 2	#	11	20
GROUP 3	#	21	31
GROUP 4	#	32	42
ROUNDS			
TBD			

- After you hit on the field, GP 1 and 2 get READY TO THROW by 11:50

11:30 AM - DEFENSIVE EVALS (OF/INF/1B/C)

1. 11:50 - OF Eval (RF)
 - OF Trick Catches (CF)
 2. 12:00 - INF Eval @ SS
 3. 12:10 - 1B Eval
 4. 12:20 - Catcher's Eval
- *OF in Foul territory by RF Bullpen in number order
*2 throws to home at cone 1, then 2 throw to 3rd base at cone 2 - Sim will alternate
*Need camera on throws and trick catches
3rd camera ready for infield next
*Empty yellow bucket at third, home, and first - Big nets behind third and first

*Stober with line/order - Only need 1 directing this - Say who is up

*Sim Fungo / *Someone Feed

*OF Throws and Trick Catches happen at same time

*Someone feed OF trick play machine

*PLAYERS NEED TO SAY THEIR NUMBER WHEN THEY START EVAL SEGMENT - SO VIDEO CAN HEAR

12:30 PM - SCRIMMAGE PREP

HITTERS: Rules & Ball 4 Sprint Defense

CATCHERS: Warm Up Pitchers

PITCHERS: First Few Guys Hot and Ready

*Need someone to introduce ball four sprint

SCRIMMAGE GAME / LINE UPS

GAME 1: RED (Visitors) vs. Blue (Home)

GAME 2: GREY (Visitors) vs. GREEN (Home)

*Will need a couple guys to oversee warm ups / Bullpens (Penny/Stober)

1:00 PM - RED vs. BLUE /// 2:15 PM - GREY vs. GREEN /// (Interviews?)

HITTER'S INFO	
Line Ups:	4 Teams - Check Sheets
Hit By Pitch:	2-0 Count (Free Heater)
Ball 4 Sprint:	Play it Live
Base Running:	No Stealing First
Innings:	6 Hitter's Per Inning
Counts:	Hitter's Start with 1-1 Count

PITCHER'S INFO	
Rotation:	Check Line Up Cards
Bullpen:	Fully Ready when you leave
Warm Up:	5 Pitches on Game Mound
6-2-2:	1st Pitch - 2nd Batter
Counts:	Hitter's Start with 1-1 Count